

Comprehensive Health Check-up Program for School (CHC)



About CHC

CHC is a Comprehensive Health Check-up and screening Program designed to be conducted at K12 Schools, focused on improving Student's overall **Academic performance, Physical & Mental Wellness.**

Importance of Health Screening



Detects Disease @ Early stage

Treatment can be started early

Complications of Disease avoided

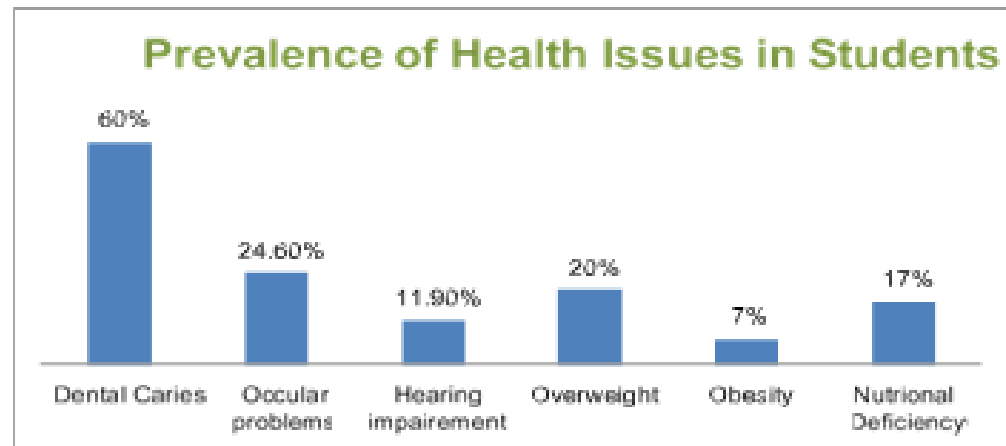
Health Savings

Improved Quality of Life

Why CHC?

Students face many health problems which goes undetected without regular health check-ups :

- Vision Problem/Colour Blindness
- Anaemia
- Skin Lesions
- Hearing Problems
- Behavioural Issues
- Tonsillitis
- Asthma
- Allergy
- Dental Issues



Regular and Timely Check-ups will help in early detection and prevention

CHC Program Details

Health Check-up

1

Physical Check-up

2

Dental Check-up

3

Eye Check-up

4

Diet Assessment

5

**Behavioral
Assessment**



Post Health Check-up

6

**School Health
Reports & App**

7

**Wellness &
Awareness Sessions**

8

**First Aid Kit and
Training**

CHC – Health Check Up Camp Details

❖ Onsite Check-up :

- Check-up will be conducted in school premises

❖ Comprehensive assessment on all Health parameters

- Physical, Nutritional and Psychological Assessment

❖ Specialised Doctors for each check-up (All Super Specialized)

Health Consultation/Checks	Doctor Specialty
Physical Check-up	Physician (MBBS/MD 2 Year Experience)
Dental Check-up	Dentist (MDS Minimum 2 Year Experience)
Eye Check-up	Ophthalmologist/ Optometrist (Computerized Machine with 2 Year Experience)
Nutritional Assessment	Dietician/Nutritionist (MSC with Minimum 2 Year Experience)
Psychological Assessment	Psychologist MA in Psychology With 2 Year Experience

Health Check-up Test Details

Physical Health

Cardio vascular System
Nervous System
Inflammation
Skin, Hair, Nail
Allergies
BMI
Nose/Ear/ Throat
Respiratory

Dietary Assessment

Habits
Food Intake
Nutritional Deficiencies



Dental Health

Caries (Decay)
Gum Health
Oral Hygiene
Teeth Alignment
Oral Cavity

Eye Check

Vision Acuity
Colour Vision
Any other abnormality

Psychological Assessment

Behaviour
Communication
Cognitive Functioning

Deliverables for CHC

Comprehensive Health Checkup	Deliverables	Timelines
Pre-Health Checkup	1) Parent Consent Form 2) General Information Form 3) Diet Assessment Form	One week prior to check-up (To be filled by parents)
Health Checkup	4) Physical Check-up 5) Dental Check-up 6) Eye Check-up 7) Nutritional Assessment 8) Psychological Assessment	On the day of check-up (To be filled by respective physicians)
Post – Health Checkup	9) Individual Medical Report 10) Individual Diet Chart 11) School Analytical Report 12) Health Awareness Session 1 13) Health Awareness Session 2 14) First Aid Kit for school 15) First Aid Training (nominated staff)	4 days post check-up 4 days post check-up 15 days post check-up Within 1 month Within 3 months Within 2 months Within 2 months

CHC Program – Health Reports & App

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Health Reports & App

Student Health Report Samples



General Assessment

Conducted by
Pediatrician: Dr. Meundi (M.D)

Height in Cms: 113 (Normal)		Weight in Kgs: 19 ()		Respiratory Rate: 22/ Per Minute (Normal)	Pulse Rate: 88/ Per Minute (Normal)	BMI: ()
Age (in years)	Avg Height cms	Age (in years)	Minimum Weight (kgs)	(Normal rate: 12-25 breaths/min. A respiration rate under 12 or over 30 breaths per minute while resting is considered abnormal.)	It is the number of breaths you take per minute. Normal rate- 68-123.	Normal rate: 14 - 18 Below 14 is underweight and above 19 is overweight. Consult dietitian for a balanced diet plan.
2	84	2	11			
3	93	3	14			
4	101	4	16			
5	108	5	17			
6	114	6	19			

GOOD HYGIENE HABITS You Should Teach Your Kids Early



Oral Hygiene



Bathing Ritual



Hair Care



Foot Hygiene



Toileting Hygiene



Hand Hygiene



Coughing and Sneezing Hygiene



Home Hygiene

Head:
Normal
Common head problems can be Abnormal shape, Bony swelling, Scalp swelling, etc.

Ear
Normal
Common ear problems can be excess wax, ear infection, hearing defects, etc.

Skin:
Normal
Common skin problems can be dry skin, irritation, allergies, etc.

General signs:
Normal
Common general issues can be anemia, clubbing, e2' dema, etc.

CVS:
Normal
Commonly seen Cardiovascular disorders are valvular defects (damage or defects of heart valves) and murmurs (abnormal heart sounds)

RS:
Normal
Respiratory system disorders can lead to recurrent cold and cough, chest congestion and infections



GIT:
Normal
(Gastrointestinal Tract) Common disorders include indigestion, acidity, constipation, etc.

Hearing Test:
Normal
Hearing test can help roll out hearing defects, single sided deafness, etc

Nose:
Normal
Common nose problems can be bleeding from nose, boils in the nose, etc.

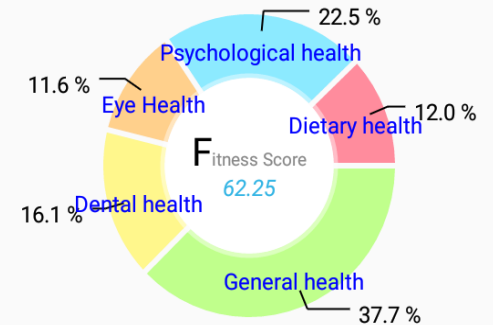
Tonsillar Inflammation:
Absent
It is an infection of the tonsils caused by viruses or some types of bacteria. If present - abnormal and may have sore throat, fever and trouble swallowing.

CNS:
Normal
(Central Nervous System) CNS regulates and coordinates all the body activities.

Lymph Nodes:
Normal
If the lymph nodes are swollen, it indicates infection.

Requires Further Paediatric Consulting: No
Paediatrician Remark: Normal

Average Sleep Time for Kids:



General health

Score 23.45 Max 30

Vitals Details: 2/4

Physical habits: 1.35/2

Skin,Hair,Nail: 5/8

Systemic examination: 8.6/9

ENT: 6.5/7

Good.It's a sign of Health person.
, Visit to Doctor Immediately

CHC Program - Wellness Session

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Wellness Sessions

Based on the health record analysis, the 3 wellness sessions would be conducted on the most prevailing issues in School on any below issues chosen by School or Based on Records:

- Nutrition and Health
- Dental Health
- Stress Management
- Yoga and Meditation
- Good Touch and Bad Touch
- Hygiene and Preventive Sessions



CHC- First Aid Kit and Training

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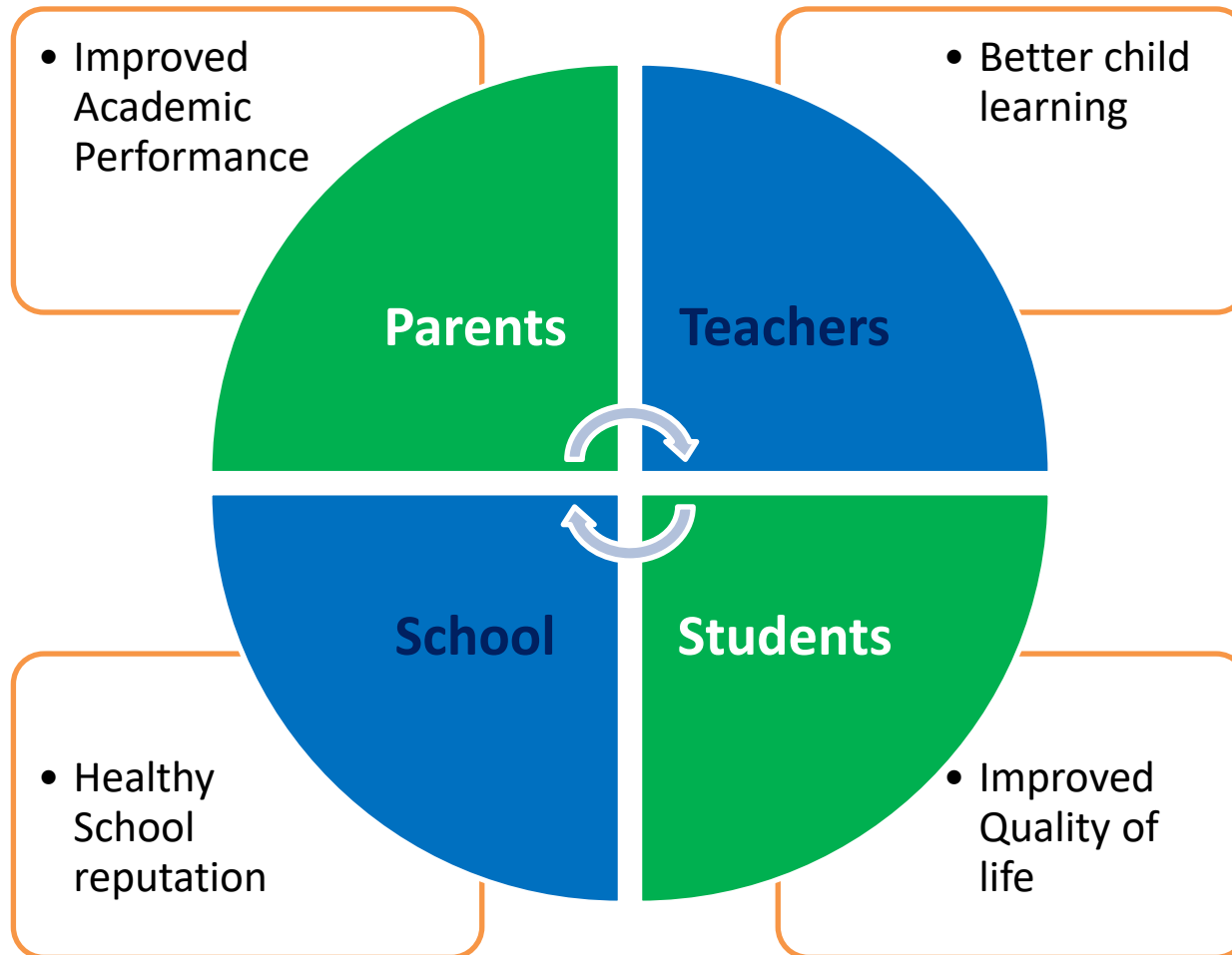
First Aid Kit and Training

The First Aid training session would help students to take care of themselves and help other students during minor injuries and accidents:

- First Aid Kit
- Basic First Aid Training Session
- Do's and Don'ts
- Accident Information Protocol and Process
- Managing minor injuries
 - Sprains
 - Bleeding
 - Dehydration
 - Fainting



Outcomes of CHC



Actual Pictures of Wellness Sessions



First Aid Training



Dental Hygiene

Actual Pictures of Health Check-up




Why EduCure ?

- 4 Years of rich Experience in School Health Programs
- Successfully Implemented in 250+ Schools (Including 75+ Kidzee Schools)
- 2.7 lac + student medical checkups Conducted
- PAN India Presence
- 2000+ Experienced & Qualified Health /Doctor Team
- Strong Care Support Post Service for any Health Query
- Documented Process
- Quality Service Assurance

The best way to fix a problem is to
fix it before it becomes a problem



India's leading 'Student Health and Wellness Program'
company with presence in more than 250 schools

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